

## **Medical Questions and Vaccinations**

### **Medical**

Both resorts have contingency medical plans for diving and non-diving emergencies. First aid kits, oxygen and defibrillators are available at both resorts.

### **Recompression Chamber Facilities**

The closest recompression chamber to Moalboal and Santander is in Cebu-City. Full DAN oxygen kits and first aid kits are always included on our days.

Local dives are around two to fifteen minutes maximum from the resorts. A pony bottle with oxygen and regulator on all local dive trips.

### **Medication**

There are several pharmacies in close proximity to each resort. A prescription may be required for some medicines you could normally purchase without at home. If there is a specific medication you require we recommend you bring enough for the duration of your stay.

### **Vaccinations**

Neither location is considered a risk for Malaria but inoculations for Hepatitis A, Typhoid, Polio and Tetanus are recommended. As always, your physician should be consulted on these and other questions you may have about traveling to the tropics. We strongly recommend drinking plenty of water and other non-alcoholic fluids during your stay.

### **Medical Requirements For PADI Dive Courses**

A medical form is part of the required paperwork to participate in a diving course. If you have a YES answer to any question, medical clearance will be required by a doctor.

We recommend getting doctors clearance if you have any medical conditions before arrival in the Philippines.

### **Additional Information**

It is not recommended to drink tap water. Neptune Diving Resort Philippines provides complimentary filtered water. Glass bottles are provided in each room which are refilled at the bar free of charge. Bottled water is also available..

Small cuts and scrapes can become infected in tropical weather, make sure to clean and cover immediately.

Health and diving accident insurance is **HIGHLY** recommended.

## **Hospitals on Cebu and Negros**

Many of these hospitals are attached to their own universities or educational institutions where their medical, nursing, midwifery, and other medical students can practice what they've learned in school. Among the many provinces in the Philippines, Cebu and Negros is one of them that has popular and nationally known hospitals because of their expertise and knowledge about medicine and total healthcare in general. So, when you're on the islands, in case of emergencies or other minor health reasons, you may check out Cebu and Negros hospitals directory below.

### **Hospitals Cebu City**

#### **Chong Hua Hospital**

Don Mariano Cui Street, Fuente Osmena, Cebu City, Philippines 6000

Phone: +63 32 2558000

Email: [info@chonghua.com.ph](mailto:info@chonghua.com.ph)

Official Website: [www.chonghua.com.ph](http://www.chonghua.com.ph)

#### **Cebu Doctors University Hospital**

Osmena Boulevard, Cebu City, Cebu 6000, Philippines

Phone: +63 32 2555555

Email: [info@cebudocgroup.com.ph](mailto:info@cebudocgroup.com.ph)

Website: [www.cebudocgroup.com.ph](http://www.cebudocgroup.com.ph)

### **Hospitals Dumaguete City**

#### **Siliman University Medical Center**

V.Aldecoa Sr. Road, Daro, Dumaguete City, Negros Oriental

Phone: +63 32 4202000

Email: [infor@sumcfi.com.ph](mailto:infor@sumcfi.com.ph)

Official Website: [www.sumcfi.com.ph](http://www.sumcfi.com.ph)

#### **ACE Dumaguete Doctors**

Claytown Road, Dumaguete, Negros Oriental

Phone: +63 35 5235957

Email: [info@acedumaguetedoctors.org](mailto:info@acedumaguetedoctors.org)

Website: [www.acedumaguetedoctors.org](http://www.acedumaguetedoctors.org)